



PARRAMATTA EAST PUBLIC SCHOOL

Student Wellbeing Implementation Strategy

1. Introduction

Parramatta East Public School is committed to creating quality learning opportunities for children and young people. This includes strengthening their cognitive, physical, social, emotional and spiritual development. Parents entrust their children and young people to principals, teachers and school staff with confidence that schools will deliver on this agenda. (*The Wellbeing Framework for Schools, Department of Education*). This implementation strategy is a guide to all students, parents/carers and staff, including teachers and non-teaching staff. It outlines our approach to promoting positive student mental health and wellbeing.

The Parramatta East Public School Student Wellbeing Implementation Strategy is structured according to [NSW Department of Education Wellbeing Framework for Schools](#) and the [Australian Student Wellbeing Framework](#). It is supported by the Parramatta East Public School Student Behaviour Procedure.

2. Rationale

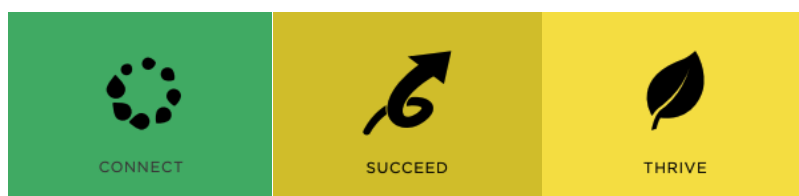
Everyone enters the world with potential. Our experiences develop our abilities and shape our expectations, which in turn colour our perceptions of the world in which we live. When individuals are empowered to have control over lived experiences, they build their own resilience and in turn contribute positively to collective wellbeing and an inclusive community.

Parramatta East Public School is committed to enabling individual and collective wellbeing of children and young people. By doing so, provisions are made for the growth and holistic development of students and their success in school and beyond. Students at Parramatta East Public School experience a sense of connection, inclusion, respect for individuality and difference, resilience, empowerment, capacity to contribute to their school and wider community, and confidence to positively shape their own futures.

Developing and fostering wellbeing is the ultimate deliverable that comes with the privilege of working with children and young people in NSW public schools.

3. NSW Department of Education Wellbeing Framework for Schools

The [NSW Department of Education Wellbeing Framework for Schools](#) describes student wellbeing in three main areas: Connect, Succeed and Thrive, and outlines how we will promote and maintain student wellbeing at Parramatta East Public School.



Connect

Our students are actively connected to their learning, have positive and respectful relationships and experience a sense of belonging to their school and community.

At Parramatta East Public School we provide opportunities to support the meaningful involvement of students in their school and community. We encourage and acknowledge active student participation.

Active participation by students in a school community facilitates student wellbeing by giving students a voice, developing confidence and self-esteem.

Parramatta East Public School encourages active participation in a number of ways, including:

- Student Leaders elected by peers
- Appointment of Ministers
- Interest groups, including choir, dance and green team
- Publishing student work in the school newsletter and on the school Facebook page
- Displaying student work around the school
- Recognising student achievement at assemblies

Succeed

Our students are respected, valued, encouraged, supported and empowered to succeed.

Parramatta East Public School is a place where students are valued as individuals and where the staff are committed to providing quality teaching and learning experiences to maximise the learning outcomes of all students. The school motto of 'ever aim high' is shared and appreciated by our whole school community.

At Parramatta East Public School we encourage our students to succeed by:

- Ensuring educational standards are met and expectations are high so students realise their potential
- Providing for the care and safety of all students
- Pursuing quality practice and management of programs and services
- Developing respectful relationships between home and school, students and staff
- Providing equity of access to a broad and enriching curriculum to all learners
- Encouraging students to be responsible for their own behaviour and choices
- Empowering students to become self-motivated, lifelong learners

Thrive

Our students grow and flourish, do well and prosper.

Parramatta East Public School culture nurtures and encourages individual growth and achievement in an environment based on respect and responsibility. The school is exemplified by a deep, caring and sensitive partnership with the students, parents/carers, staff and broader community.

Parramatta East Public School encourages students to thrive in a number of ways, including:

- having high expectations for every student
- recognising and celebrating student achievement through our Merit System.
- fostering and developing positive relationships using Positive Behaviour for Learning
- developing personal growth by setting individual goals
- promoting nutrition and healthy development in our crunch and sip program
- promoting health and safety through sun, road and water safety programs
- protecting the health and safety of those with health care needs in our school community
-

4. Australian Student Wellbeing Framework

The [Australian Student Wellbeing Framework](#) identifies five elements of student wellbeing: Leadership, Inclusion, Student Voice, Partnerships and Support, and outlines principles and effective practices for student wellbeing at Parramatta East Public School.



Leadership

Principals and school leaders play an active role in building a positive learning environment where the whole school community feels included, connected, safe and respected.

At Parramatta East Public School we:

- Develop the school's vision and values, building on existing strengths, to enhance student learning and sustain the safety and wellbeing of the whole school community
- Collaboratively develop whole school policies, plans and structures for protecting the safety and promoting the wellbeing of staff, students, and families
- Communicate the priorities for student learning, safety and wellbeing and encourage collaborative partnerships to enact the school's vision and values
- Regularly monitor and review school capacity to address the safety and wellbeing of the whole school community in order to identify areas of strength and those requiring improvement

Inclusion

All members of the Parramatta East Public School community are encouraged to be active participants in building a welcoming school culture that values diversity, and fosters positive, respectful relationships.



At Parramatta East Public School we:

- Respect the diversity of the school community and implement proactive strategies in order to build a cohesive and culturally safe school
- Teach, model and promote values and behaviour in order to create and maintain supportive and safe learning environments
- Foster and maintain positive, caring and respectful student–peer, student–teacher, teacher–parent and teacher–teacher relationships

Student Voice

Students are active participants in their own learning and wellbeing, feel connected and use their social and emotional skills to be safe, respectful and resilient learners.


At Parramatta East Public School we:

- Provide opportunities for authentic student decision-making over matters that affect them through the Student Representative Council (SRC)
- Create and maintain inclusive and interactive learning environments to encourage active student participation to foster a sense of connectedness
- Explicitly teach social and emotional skills using evidence-informed Positive Behaviour for Learning practices related to personal safety, resilience, help-seeking and protective behaviours across the curriculum

Partnerships

Families and communities collaborate as partners with the school to support student learning, safety and wellbeing.

At Parramatta East Public School we:

- Proactively build collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing
 - Develop strategies to sustain culturally respectful partnerships with families and communities that are welcoming and inclusive
 - Build partnerships with Aboriginal and Torres Strait Islander families and community organisations to ensure a culturally safe environment and a two-way reciprocal exchange of knowledge on wellbeing issues
- 



Support

School staff, students and families share and cultivate an understanding of wellbeing and positive behaviour and how this supports effective teaching and learning.

At Parramatta East Public School we:

- Actively seek the involvement of school staff, students and families in the promotion and recognition of Positive Behaviour for Learning
 - Embed wellbeing and support for positive behaviour strategies that are evidence-informed, promote resilience and align with the needs of the school community
 - Implement a whole school systemic approach to wellbeing and positive behaviour with tiers of support to meet the diverse needs of staff, students and families
 - Engage in professional learning to support the consistent implementation of the school's plan for wellbeing and support for positive behaviour
 - Critically analyse and evaluate school data to inform decision-making in order to effectively respond to the changing needs of students and families
- 